**BACK INSTITUTE**
**Spine Surgery**
**Phone (310) 551-0690 Fax (310) 659-8869**

***Patient Information Questionnaire***

**Please print clearly and give this to the receptionist when you are done.**
**The doctor will be with you shortly. Thank you!!!**

Today's date _____
Date of injury _____

Mr./ Mrs./ Ms. _____
First middle last

Home address _____
Number street apt. #

_____
City state zip code

Date of birth _____/_____/_____ Sex F_____ M_____

Social Security # _____ Marital Status _____

Home phone ( ) _____ Work phone ( ) _____

Cell phone ( ) _____ email _____

Referred by: _____

Saw our NY Times Ad? Yes___ No ____ Saw our Google Ad? Yes____ No_____

Employer: _____ Phone no. ( ) _____

Address: _____
Number street suite

_____
City state zip code

Spouse Name: _____

Spouse's Employer: _____ Work Phone . ( ) _____

Cell phone ( ) _____ Date of birth _____/_____/_____

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Please complete the following if you have consulted with other surgeons or pain-management doctors. Please check off all that apply.

**Doctor:** _____( ) orthopedic surgeon ( ) neurosurgeon
( ) pain-management ( ) Family Doctor
( ) Internist ( ) physical therapist ( ) chiropractor
( ) other: _____

Doctor's address/ phone # : _____

---

Date you last saw this Doctor: _____

This Doctor diagnosed you with: _____

This Doctor : ( ) ordered MRIs ( ) ordered CT scan ( ) ordered X rays

This Doctor suggested the following approaches to your condition:
( ) epidural injections ( ) medications ( ) physical therapy
( ) open back surgery ( ) fusion surgery ( ) microdiscectomy
( ) artificial disc ( ) other: _____
Please indicate the types of procedures you have had and the dates that these procedures were performed on:_____

---

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# ***Authorization for Release of Medical Records***

I, _____,
Patient's name

Authorize the release of my medical records to:

DAVID A. DITSWORTH, M.D.
THE BACK INSTITUTE
920 S. ROBERTSON BOULEVARD, UNIT 6
LOS ANGELES, CALIFORNIA 90035

Records requested from:

_____

_____

_____

_____

Date (s) of Treatment: _____

_____ _____
Signature of patient Date signed

_____ _____
Print name Date of birth

This form is valid until revoked in writing by the patient

**BACK INSTITUTE**
**Spine Surgery**
**Phone (310) 551-0690 Fax (310) 659-8869**

**New Patient Questionnaire**

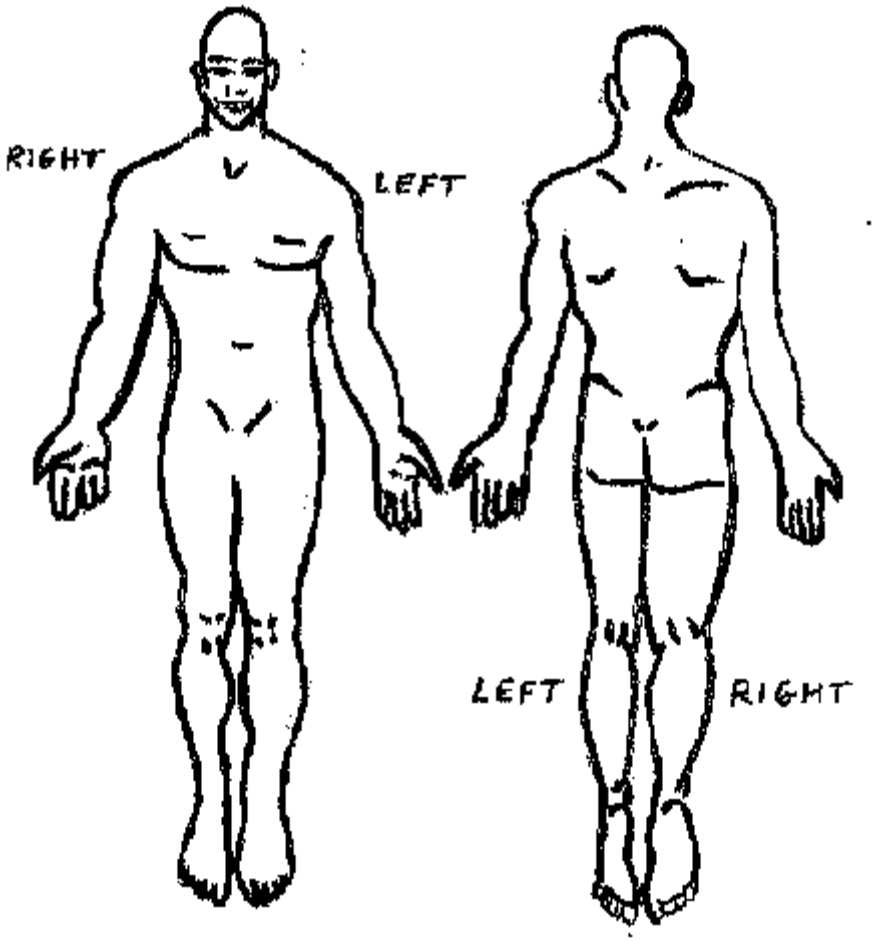
**Name** _____
**Age** _____ **Date** _____

## Medical Complaints

Please indicate the areas in which you are experiencing **PAIN** on the models below.

[ ] NONE

| | | |
|---|---|---|
| Applies to when Walking | Yes [ ] | No [ ] |
| Applies to when Standing | Yes [ ] | No [ ] |
| Applies to when Sitting | Yes [ ] | No [ ] |
| Applies to when Lying down | Yes [ ] | No [ ] |




## PAIN

**BACK INSTITUTE**
**Spine Surgery**
**Phone (310) 551-0690 Fax (310) 659-8869**

**New Patient Questionnaire**

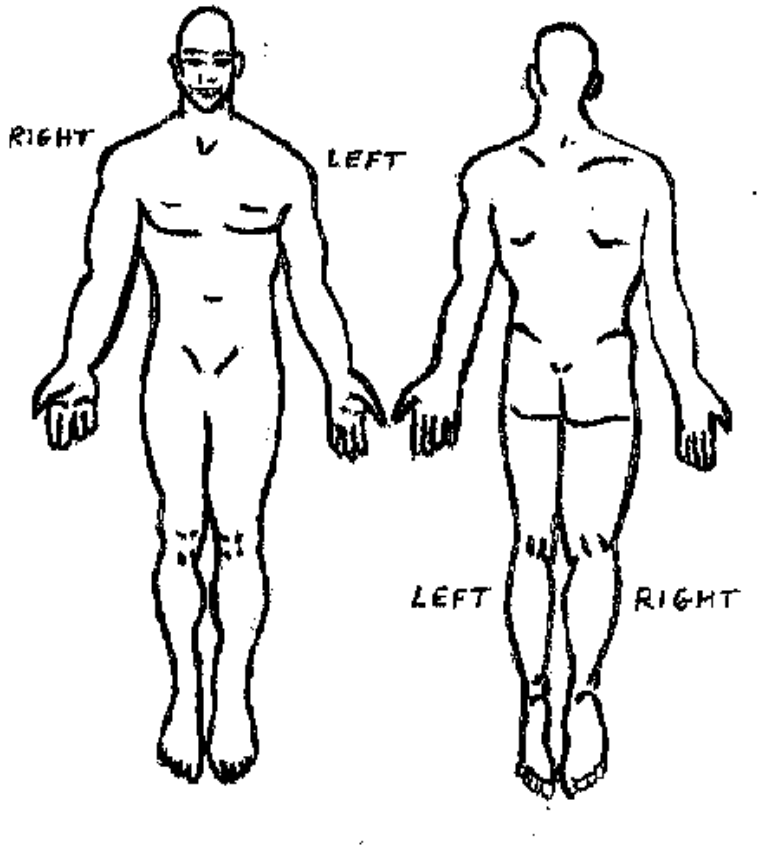
**Name** _____
**Age** _____ **Date** _____

## Medical Complaints

Please indicate the areas in which you are experiencing **WEAKNESS** on the models below.

[ ] NONE

| | | |
|---|---|---|
| Applies to when Walking | Yes [ ] | No [ ] |
| Applies to when Standing | Yes [ ] | No [ ] |
| Applies to when Sitting | Yes [ ] | No [ ] |
| Applies to when Lying down | Yes [ ] | No [ ] |




## WEAKNESS

**BACK INSTITUTE**
**Spine Surgery**
**Phone (310) 551-0690 Fax (310) 659-8869**

**New Patient Questionnaire**

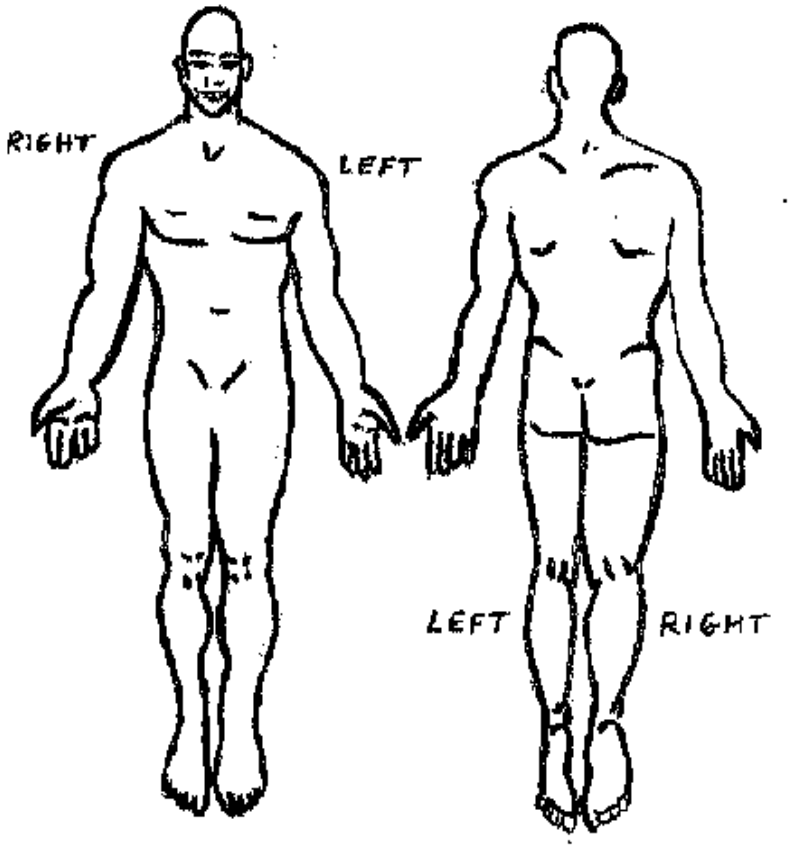
**Name** _____
**Age** _____ **Date** _____

## Medical Complaints

Please indicate the areas in which you are experiencing **NUMBNESS** on the models below.

[ ] NONE

| | | |
|---|---|---|
| Applies to when Walking | Yes [ ] | No [ ] |
| Applies to when Standing | Yes [ ] | No [ ] |
| Applies to when Sitting | Yes [ ] | No [ ] |
| Applies to when Lying down | Yes [ ] | No [ ] |




## NUMBNESS

**BACK INSTITUTE**
**Spine Surgery**
**Phone (310) 551-0690 Fax (310) 659-8869**

**Name** _____
**Age** _____ **Date** _____

## Medical Complaints

1. Allergies: Is there a history of an untoward reaction to any medication and/or contrast substance such as iodine? ( ) No ( ) Yes
If yes, please describe _____
_____
_____

2. What is your chief complaint? (what bothers you most?) _____
_____
_____

3. Describe your pain. (i.e. sharp, burning, etc.) _____
_____
_____

4. Does the pain go down your ( ) arm ( ) leg
On the ( ) left ( ) right
Down the ( ) back ( ) front

5. Do you have numbness? _____ Where? _____
Do you have weakness? _____ Where? _____

6. Have you noted any color changes of the skin? ( ) Arms ( )Legs ( ) Feet
If so, please describe_____
_____

7. Have you noted any swelling of the skin? ( ) Arms ( )Legs ( ) Feet
If so, please describe_____
_____

8. Does anything make the pain worse? _____
_____

9. Have you had any bowel or bladder changes? _____

10. Have you ever had spine surgery? _____

11. Have you had any prior problems with your neck or back? ( ) yes ( ) no
Symptoms_____
_____

12. Have you had any prior treatments to neck or back? ( ) yes ( ) no
If yes, please describe_____

13. Have you seen a chiropractor for your symptoms? ( ) yes ( ) no
If yes, please provide name of chiropractor and/or location of facility. _____
_____

14. What do you think caused the problem? _____

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**Name _____**
**Age _____ Date _____**

## HEALTH QUESTIONNAIRE

NAME _____ AGE_____DATE_____
ADDRESS _____ PHONE _____

**HISTORY OF PAST ILLNESS**: Please list all medical conditions that you have had in the past ?
_____
_____
_____

**OPERATIONS:**
Have you had any surgery? ……..No Yes
_____
_____
_____

**INJURIES:** Have you had any major injuries? No Yes
If yes, please describe _____
_____
_____
_____

**FAMILY HISTORY:** Is there any major disease or illness that runs in your family No Yes
If yes, please describe _____
_____
_____
_____

**SOCIAL HISTORY:**
Marital Status: _____
Do you Smoke? No Yes If yes, how much and what?_____
Alcoholic Beverages? No Yes If yes, how much and what? _____

**SYSTEMIC REVIEW**: Have you had any problem with any of the following?

| | | | |
|---|---|---|---|
| Skin | No | Yes | _____ |
| Head-Eyes-Ears-Nose-Throat | No | Yes | _____ |
| Neck | No | Yes | _____ |
| Lungs | No | Yes | _____ |
| Genitourinary | No | Yes | _____ |
| Blood | No | Yes | _____ |
| Heart | No | Yes | _____ |
| Gastrointestinal | No | Yes | _____ |
| Locomotor-Musculoskeletal | No | Yes | _____ |
| Neuro-Psychiatric | No | Yes | _____ |
| Women's health | No | Yes | _____ |

Source of information, if other than patient: _____

Signature of person acquiring this information: _____

_____ _____ _____
Doctor Date Signature of patient

**Name: _____ Today's Date: _____**

**Date of Birth: _____ Phone # _____Examiner: _____**

# THE OSWESTRY* LOW BACK PAIN DISABILITY QUESTIONNAIRE

**Please Read:** This questionnaire is designed to enable us to understand how much your ***low back and/or leg pain*** has affected your ability to manage everyday activities. Please answer each Section by circling the ONE CHOICE that most applies to you. We realize that you may feel that more than one statement may relate to you, but **PLEASE JUST CIRCLE THE ONE CHOICE WHICH CLOSELY DESCRIBES YOUR PROBLEM *RIGHT NOW.***

**PLEASE FAX THIS FORM TO (310)-659-8869 AFTER YOU HAVE COMPLETED IT.**

**SECTION 1--Pain Intensity**
A. The pain comes and goes and is very mild.
B. The pain is mild and does not vary much.
C. The pain comes and goes and is moderate.
D. The pain is moderate and does not vary much.
E. The pain is severe but comes and goes.
F. The pain is severe and does not vary much.

**SECTION 2--Personal Care**
A. I would not have to change my way of washing or dressing in order to avoid pain.
B. I do not normally change my way of washing or dressing even though it causes some pain.
C. Washing and dressing increase the pain, but I manage not to change my way of doing it.
D. Washing and dressing increase the pain and I it necessary to change my way of doing it.
E. Because of the pain, I am unable to do any washing and dressing without help.
F. Because of the pain, I am unable to do any washing or dressing without help.

**SECTION 3--Lifting**
A. I can lift heavy weights without extra pain.
B. I can lift heavy weights, but it causes extra pain.
C. Pain prevents me from lifting heavy weights off the floor.
D. Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, e.g. on the table.
E. Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned.
F. I can only lift very light weights, at the most.

**SECTION 4 --Walking**
A. Pain does not prevent me from walking any distance.
B. I have some pain with walking but it does not increase with distance.
C. Pain prevents me from walking more than one mile.
D. Pain prevents me from walking more than 1/2 mile.
E. I can only walk while using a cane or on crutches.
F. I am in bed most of the time and have to crawl to the toilet.

**SECTION 5--Sitting**
A. I can sit in any chair as long as I like without pain.
B. I can only sit in my favorite chair as long as I like.
C. Pain prevents me from sitting more than one hour.
D. Pain prevents me from sitting more than 1/2 hour.
E. Pain prevents me from sitting more than ten minutes.
F. Pain prevents me from sitting at all.

***Modified with *"and/or leg pain".***

**SECTION 6 -- Standing**
A I can stand as long as I want without pain
B. I have some pain while standing, but it does not increase with time.
C. I cannot stand for longer than one hour without increasing pain.
D. I cannot stand for longer than 1/2 hour without increasing pain.
E. I can't stand for more than 10 minutes without increasing pain.
F. I avoid standing because it increases pain right away.

**SECTION 7--Sleeping**
A. I get no pain in bed.
B. I get pain in bed, but it does not prevent me from sleeping.
C. Because of pain, my normal night's sleep is reduced by less than one-quarter.
D. Because of pain, my normal night's sleep is reduced by less than one-half.
E. Because of pain, my normal night's sleep is reduced by less than three-quarters.
F. Pain prevents me from sleeping at all.

**SECTION 8--Social Life**
A. My social life is normal and gives me no pain.
B. My social life is normal, but increases the degree of my pain.
C. Pain has no significant effect on my social life apart from limiting my more energetic interests, e.g., dancing, etc.
D. Pain has restricted my social life and I do not go out very often.
E. Pain has restricted my social life to my home.
F. Pain prevents me from social life at all.

**SECTION 9--Traveling**
A. I get no pain while traveling.
B. I get some pain while traveling, but none of my usual forms of travel makes it any worse.
C. I get extra pain while traveling, but it does not compel me to seek alternative forms of travel.
D. I get extra pain while traveling which compels me to seek alternative forms of travel.
E. Pain restricts all forms off travel.
F. Pain prevents all forms of travel except that done lying down.

**SECTION 10--Changing Degree of Pain**
A. My pain is rapidly getting better.
B. My pain fluctuates, but overall is definitely getting better.
C. My pain seems to be getting better, but improvement is slow at present.
D. My pain is neither getting better nor worse.
E. My pain is gradually worsening.
F. My pain is rapidly worsening.

**Disability index score: _____% Evaluator:**

## Current Medication Log

Name: _____ Today's Date: _____

| Medication | Total daily dose now | Frequency | Date started | Helping Yes / No | List any ill effects. |
|---|---|---|---|---|---|
| | | | | | |
| | | | | | |
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